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Territorial Rights **World**

You Know You're Middle-Aged When...

Alison Rattle, Allison Vale

Description

Do you feel like all your friends are 'getting old and boring', but you are getting younger by the day? Can you be heard saying the phrase '40 is the new 20'? Is your wardrobe on-trend, but for the second time round? It's official, you're in denial. You are middle-aged! *You Know You're Middle-Aged When...* is a hilarious collection of stories, anecdotes and quotes about other people's mid-life crises, along with tips on how to spot the telltale signs that youth is no longer on your side.

Chapters include, You know you're middle aged-when: • You're Too Old to Party • It's Time to Dress Your Age; • You Feel the Need for Speed; • You Hit the Big 4-0.

Entertaining and engaging, this book is guaranteed to have any old codger laughing out loud about their own descent into the twilight years.

Sales Points

- A hilarious collection of stories, anecdotes and early-warning signs to help identify the onset of 'middle-aged' behaviour
- Complete with hilarious black and white illustrations throughout
- From the publishers of the bestselling Senior Moments series (over 355,000 copies sold) and following on from the bestselling *You Know You're Past It When...* (over 70,000 copies sold)

Reviews

- 'This little gem of a book is certain to raise a smile' - *Candis Magazine*

Author Biography

Alison Rattle and Allison Vale are experienced authors with a number of bestselling humour books to their name, including the 'Wrinklies' Wit and Wisdom' series.

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