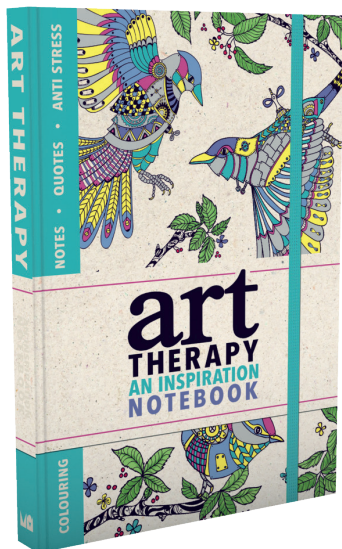




art THERAPY AN INSPIRATION NOTEBOOK



Publication Date: 08/10/2015

Format: Paperback

Price: £9.99

This beautifully illustrated journal is the perfect gift for creative people everywhere, people who like to use colouring and drawing as a means to focus the mind and de-stress. There's a lovely balance of blank pages and lined pages – space to doodle repeating patterns or draw a still-life, and space for readers to jot down their thoughts, favourite poems, quotes and even to-do lists and appointment times.

art & colour THERAPY POSTCARDS



Publication Date: 22/10/2015

Price: £7.99

An easy way to share beautiful art, these postcard books are part of the hugely successful Art Therapy series. With 20 inspirational and therapeutic pictures to colour in, these pull-out cards can be easily removed, and have space on the back for a message and address.

For more information, please contact:

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