



# DATES THAT YOU WILL NEVER REMEMBER OTHERWISE



## BABY'S FIRST:

Smile \_\_\_\_\_

Tooth \_\_\_\_\_

Rolled over \_\_\_\_\_

Crawled \_\_\_\_\_

Walked \_\_\_\_\_

Word or animal noise \_\_\_\_\_

## HEALTH DATES:

Immunizations \_\_\_\_\_

Check-ups \_\_\_\_\_

Appointments \_\_\_\_\_



Date: \_\_\_\_\_ Today: \_\_\_\_\_



# 'Newborns don't blink. Don't freak out.'



Baby's name: \_\_\_\_\_

Time of birth: \_\_\_\_\_

Weight: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Eye colour: \_\_\_\_\_

Hair colour: \_\_\_\_\_

The name of the person who delivered your baby was: \_\_\_\_\_

Five words to describe today: \_\_\_\_\_



Date: \_\_\_\_\_ Today: \_\_\_\_\_



Draw and colour in your child's name here.

**'You don't realize how many people you dislike until you have to name a baby.'**

Date: ..... Today: .....

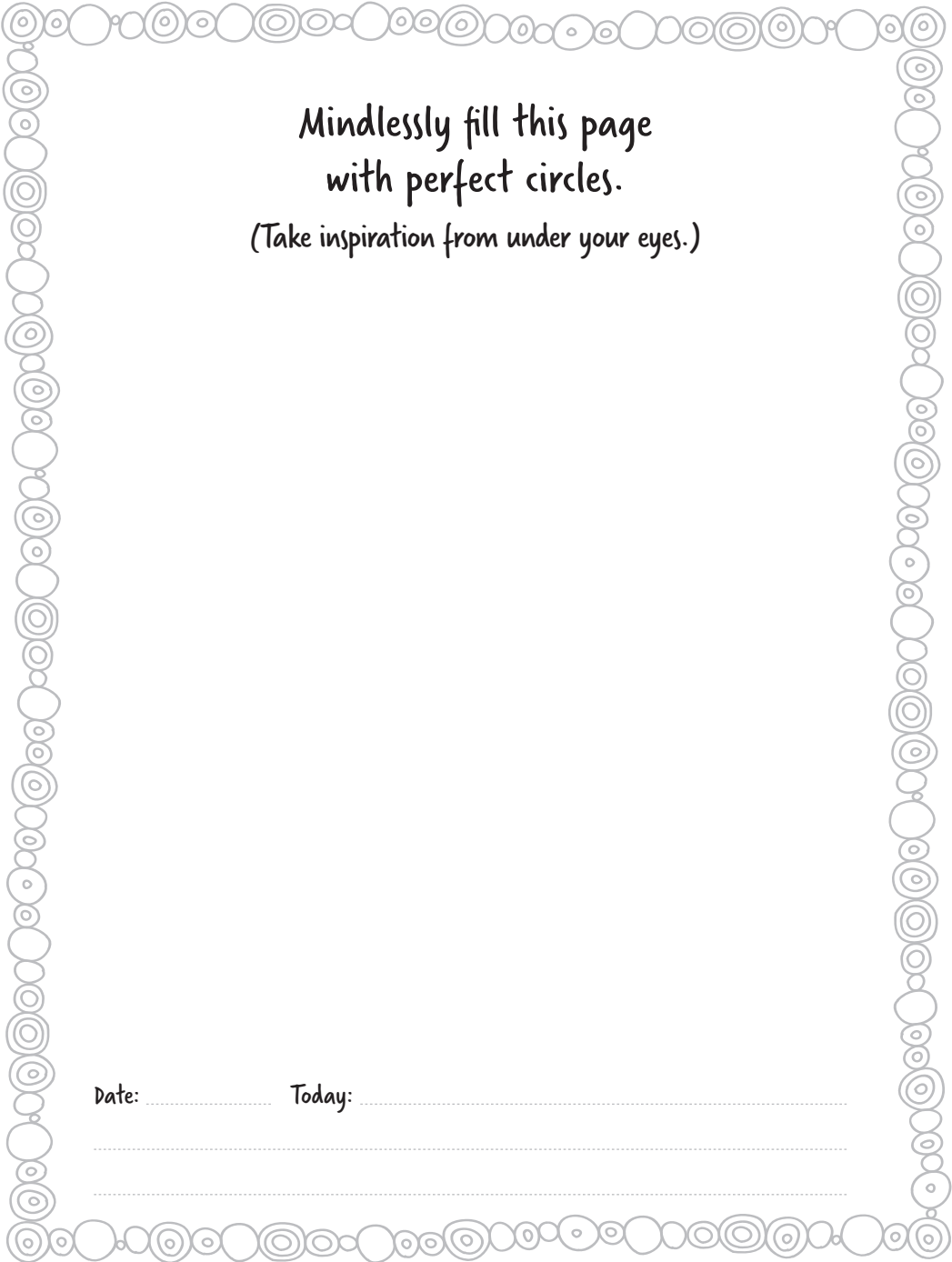
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Who or where does your child's name come from?

Which other names were on your shortlist?

Date: ..... Today: .....

.....  
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Mindlessly fill this page  
with perfect circles.  
(Take inspiration from under your eyes.)

Date: ..... Today: .....

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Use this space to make a print of your  
baby's foot using nappy cream.

Date: ..... Today: .....

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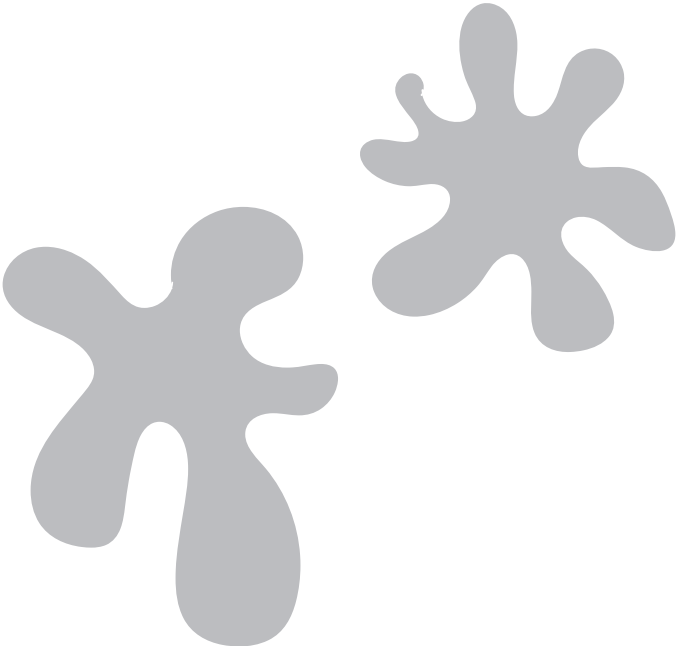


Design a 'welcome to parenting' card.



Date: ..... Today: .....

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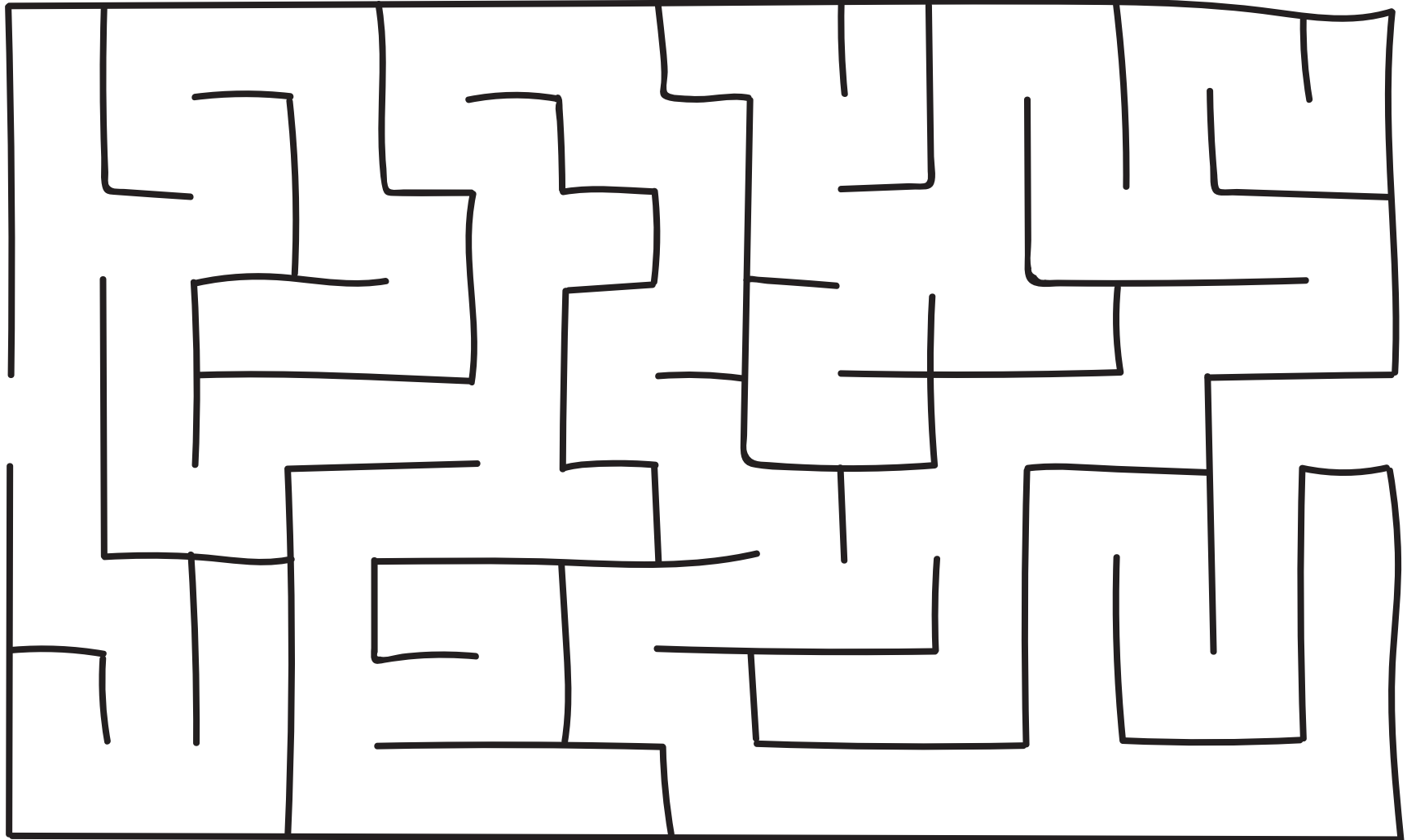


# ≡ PARENT MAZE ≡

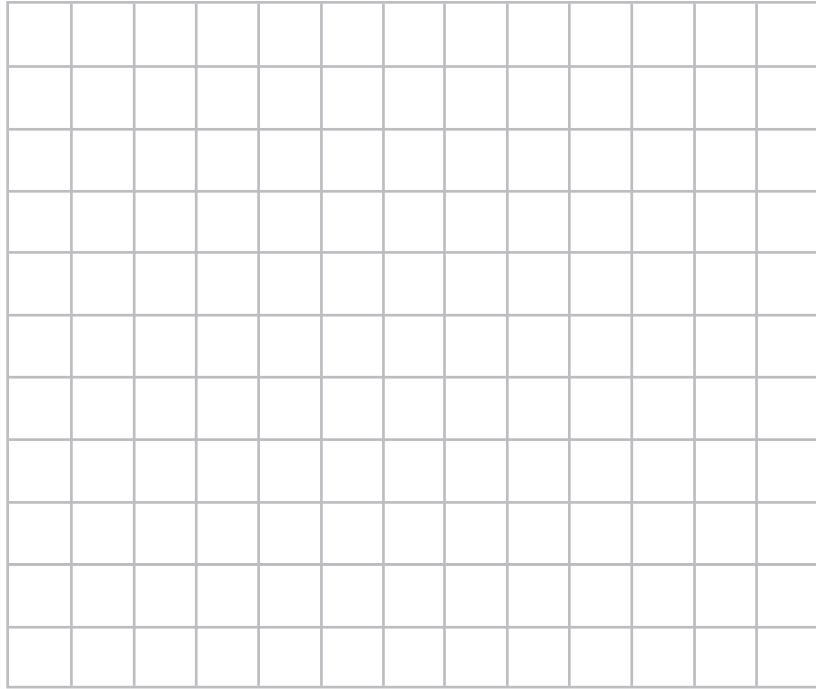
Date: ..... Today: .....

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Start →



Create a design of anything you like here.

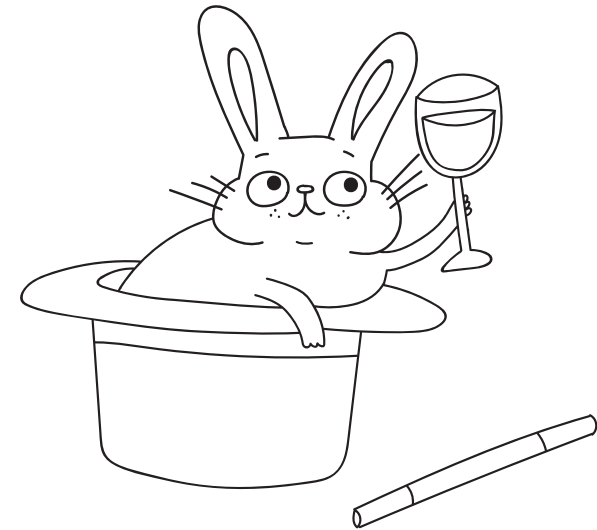


**'Parenting is about sacrificing everything. Other than wine, chocolate and caffeine.'**

Date: ..... Today: .....

.....  
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If you could have a magical wish granted it would be:



Date: ..... Today: .....

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