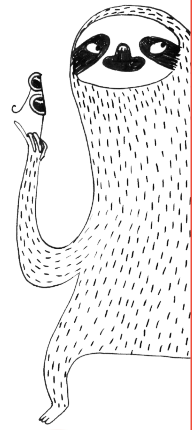


LIVE MORE SLOTH



Slow Down, Chill Out and
Live in the Sloth Lane

TIM COLLINS

Illustrated by Luka Va

Published on 16th August 2018
£9.99 in Hardback
LOM Art

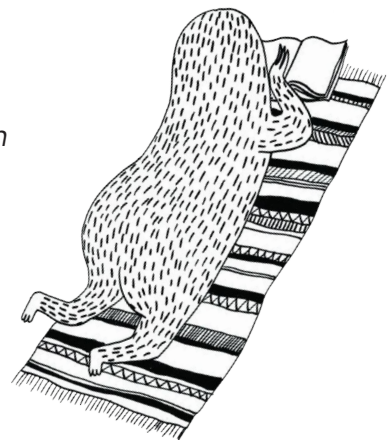
Get ready to channel nature's most relaxed animal and turn your perspective upside-down. There's a lot to be said for taking it easy and our sloth friends are experts at finding their *superchill*. Learn how to slow down, be present and forget the small stuff as you follow the slothly path to enlightenment.

Each chapter offers easy-to-follow tips to apply in your everyday life coupled with inspirational quotes throughout. This is the no-sweat approach to self-help from nature's expert: the sloth!

Celebrating the art of slow and bringing together their philoslothopy for living a happy life, *Live More Sloth* is a collection of wisdom that reminds us all to relax, hang in there and smile, no matter what life throws at you.

Award-winning author, **Tim Collins** has written over thirty books including *Wimpy Vampire*, *Cosmic Colin* and *Dorkius Maximus*. His books have also been translated into over thirty languages.

Luka Va is the founder of the brand, The Surfing Sloth. She creates original and quirky illustrations, which have been turned into greetings cards, prints and accessories around the world.



For more information, please contact:
Saskia Angenent | Head of Publicity
saskia.angenent@mombooks.com | 020 7819 5911

#LiveMoreSloth



www.mombooks.com



@OMaraBooks



@LOMArtBooks