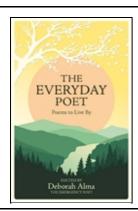
TITLE INFORMATION

MICHAEL O'MARA





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The Everyday Poet Poems to Live By

Deborah Alma (Edited By Deborah Alma)

Keynote

Each poem has been carefully selected by editor Deborah Alma, the world's first and only emergency poet, who travels in her 1970s ambulance to schools, libraries and festivals to offer consultations and prescribe poems as cures for various maladies.

Description

A thoughtful and varied collection of feel-good poems perfect for any day and any situation.

This brand-new anthology holds up a mirror to our own lives, and is designed to tackle your everyday needs: whether work is getting you down, you need a moment to relax, you're having trouble sleeping or need a little romantic guidance, this book has a poem for you.

Each poem has been carefully selected by editor Deborah Alma, the world's first and only emergency poet, who travels in her 1970s ambulance to schools, libraries and festivals to offer consultations and prescribe poems as cures for various maladies: to comfort, purge melancholy, provide hope and give courage.

This collection will lift your mood and brighten your day, offering poetic help wherever it is needed.

Other poetry collections include The Emergency Poet: An Anti-Stress Poetry Anthology.

Sales Points

- Use each poem to brighten your day, no matter where you are or how you're feeling
- Featuring poets from all eras, including John Keats, William Wordsworth, D. H. Lawrence, Emily Dickinson, Dylan Thomas, Jane Kenyon and Seamus Heaney
- Also showcases the works of some lesser-known new talents
- From the editor and publisher of The Emergency Poet
- Published to coincide with National Poetry Day

Author Biography

Deborah Alma is the Emergency Poet – the world's first and only mobile poetic first aid service. A mix of the serious, the therapeutic and the theatrical, the Emergency Poet offers consultations inside her ambulance and prescribes poems as cures. Dressed in white coat and stethoscope, she travels in her 1970s ambulance, accompanied by Nurse Verse or The Poemedic to literary and music festivals, libraries, schools, pubs, weddings and conferences ... anywhere that poetic help may be urgently required.

Michael O'Mara.

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